

FREQUENTLY ASKED QUESTIONS

What is Intensive Pediatric Physical Therapy?

- ❖ An emerging treatment in North America for children and young adults with neuromuscular disorders using European methods and concepts of intensity
- ❖ Individualized treatment sessions are two, three or four-weeks in length for up to **four hours per day, five days per week**. Research has shown that children are more likely to learn new and lasting skills through individualized and intense bouts of therapy focusing on alignment, strengthening, balance, and functional activities
- ❖ Some of the unique tools often used during the long treatment sessions are European-inspired, such as **Suit Therapy** and the **Universal Exercise Unit (UEU)**

What is “Suit Therapy?”

- ❖ A therapy suit is a European-inspired tool sometimes worn during intensive physical therapy. It is used for aligning the child’s body, enhancing proprioceptive input, and accelerating the strengthening process. The patent-pending Euro-Pēds suit is made of cloth and a series of changeable bungee-like cords that provide constant resistance and can be adjusted for desired alignment and intensity
- ❖ Suit Therapy is contraindicated for some children

What is Euro-Pēds®?

- ❖ Euro-Pēds® National Center for Intensive Pediatric Physical Therapy is a hospital-based program in Pontiac, Michigan, established in 1999 for the treatment of children and young adults with Cerebral Palsy and other neuromuscular disorders
- ❖ **First** intensive pediatric physical therapy program in North America
- ❖ **First** clinic to provide Suit Therapy in the U.S.
- ❖ A clinic within Doctors’ Hospital of Michigan
- ❖ A medically supervised program administered on the premise of medical facilities
- ❖ **Specializes in** treating children & young adults with gross motor delays at all levels of involvement
- ❖ **Employs licensed** Physical Therapists with additional training in European therapy tools
- ❖ **Administers individually-tailored** treatment plans to address each patient’s therapeutic goals
- ❖ **Fosters** parent education for continuation of progress at home via an individualized and detailed Home Exercise Program
- ❖ Euro-Pēds® is associated with the North Oakland Foundation, a nonprofit organization which financially assists families with therapy costs
- ❖ Euro-Pēds® accepts medical insurance

Are There Any Other Euro-Pēds® Clinics?

- ❖ No. Although there are other physical therapy clinics that may be doing similar therapy, there is only one Euro-Pēds® National Center for Intensive Pediatric Physical Therapy. It has been located in a hospital in Pontiac, Michigan, since 1999. Likewise, there are no other Intensive Physical Therapy clinics affiliated with Euro-Pēds® or Doctors’ Hospital of Michigan.

For more information, go to www.europeds.org or call 1-888-875-6662