5 Things to Know About Euro-Pēds National Center for Intensive Pediatric Physical Therapy
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Working Together!

We believe in teamwork.

It is the core of what we do every day as our dedicated team of PTs, PTAs and Aides combine years of experience, Euro-Pêds’ research-based approach and a kid-friendly atmosphere to create a customized treatment program to work with one child for up to four hours each day.

As the first intensive pediatric physical therapy center to open in the United States in 1999, we know that being first carries a responsibility to lead, listen and respond with the world’s best research-based physical therapy for kids with gross motor challenges.

We are happy to help coordinate an integrated treatment plan with doctors, specialists, therapists, school personnel and families from nearly every state. We all have the same goal and together we can help each child reach his or her full potential!

We regularly present to insurance companies, medical service providers and others about the importance and benefits of intensive physical therapy.

We know the more than 1400 children we have worked with are counting on Euro-Pêds to continue to serve their needs for increased mobility. We recently launched Euro-Pêds Foundation to provide treatment and travel grants so more kids can participate in this life changing therapy.

We look forward to working with you to help more kids get moving.

Warm Regards,

Michelle Haney, PT, MSPT
Director, Euro-Pêds National Center for Intensive Pediatric PT
Founder and President, Euro-Pêds Foundation
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“Kiera learned to crawl when she was two years old and she was finally able to explore her world in a way she never could before.

She learned to make eye contact, reach for and play with toys, and this led to improved language and communication.

Eventually, thanks to the dedicated staff at Euro-Pêds, Kiera learned to walk when she was three years old.” – Kathryn Frame, mother

**Her life was changed forever!**

#1 – History

**Intensive Physical Therapy**

Intensive physical therapy was pioneered in Eastern Europe. Euro-Pêds National Center for Intensive Pediatric Physical Therapy opened in Pontiac, Michigan in 1999 as the *first* Center of its kind in the United States. To date Euro-Pêds has helped more than 1400 children improve their mobility.

Euro-Pêds provides treatment for children and young adults with gross motor disorders including cerebral palsy, traumatic brain injury, spina bifida and a variety of syndromes.
#2 - Our Process

- **Longer appointment times** – typically 2-4 hours, as much as 5 days per week for several weeks. Local patients often come 2-3 times per week for several months. More time equals greater success.

- **Customized Approach** – Each session includes intensive bouts of individualized, one-on-one therapy sessions. Children with all levels of involvement can and do learn new skills such as sitting, crawling, and walking to improve mobility, self-esteem and independence.

- **Special Tools** – Patented Therapy Suit and Universal Exercise Unit provide more opportunities for increased mobility.

- **Highly Trained Physical Therapists** – Each patient benefits from a team of PTs, PTAs and Aides who work together to keep the sessions fun.

- **Home Exercise Program** – Follow up program with photos and directions. Coordinated care plan with local therapists.

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**Patented Therapy Suit**

Euro-Pêds was the first program in the U.S. to offer suit therapy for strengthening, balance and functional activities. Suit therapy increases proprioceptive awareness and positions the child in a more ideal alignment during these activities. Suit therapy is typically done for 1-2 hours per day. Hip X-rays are required prior to using the suit.

“Grant learned to roll at Euro-Pêds. With this milestone met, his world opened up. Grant realized he can go after objects, and this motivation gave him the drive to learn how to scoot all over. He now is learning to walk in a gait trainer and it is just a matter of time until he reaches this goal.”
#3 – Results: Their First Steps are our Success

**Adriana** was two years old when she first attended Euro-Pēds. Her first step was developing her core strength and endurance, which today allows Adriana to assist with standing transfers and to drive her power wheelchair using a head array.

Despite being fully dependent on others to provide her daily needs, Adriana loves being able to independently access her environment using her power wheelchair.

**Darren** never crawled; he rolled throughout his home to get around. In the Fall of 2003, he began walking, but was really unstable. Euro-Pēds helped Darren become steady on his feet and stable enough to walk and run unassisted.

Darren learned how to ride a bicycle at Euro-Pēds. He loves going on really long bike rides. After his most recent therapy session, Darren remarked: “I got my body back!”

**Tessa’s** cognitive and physical development is severely delayed by Cerebral Palsy. With Euro-Pēds therapy, Tessa has accomplished many first steps. She crawls, climbs, uses her left hand and is able to put all of her weight on her legs so she can take independent steps in her walker.

Euro-Pēds has enabled her to achieve things in life that doctors once said were impossible.

Every Euro-Pēds patient advances at least one functional level during their treatment program.
#4 Treatment and Travel Grants Available

- Euro-Peds Foundation (EPF) was established in 2013 to help fund intensive therapy and travel costs for children who have movement disorders caused by cerebral palsy, traumatic brain injuries, spina bifida and other gross motor disorders.

- Initially formed by an endowment from the former North Oakland Foundation, EPF helps uninsured or underinsured children with physical disabilities receive intensive physical therapy at Euro-Peds National Center for Intensive Pediatric PT.

- The Euro-Peds Foundation is a separate 501(c)(3) organization from the Euro-Peds National Center and is independently operated by the Board of Directors, who serve as volunteers.

- Grant applications and more information are available at [www.europedsfoundation.org](http://www.europedsfoundation.org)

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Community Support Needed

- New Board Members
- Community Connections/Introductions
- Speaking Opportunities
- Sponsorship and Donor Opportunities
- Volunteers for Specific Projects
Independent facility with 8,400 square feet of one-level space and large treatment rooms. Supports treatment plans for children from any hospital network.

Center opened in 2015 with Room for Growth

#5 – Euro-Pēds National Center and Euro-Pēds Foundation Have a New Home

The new facility has large, private therapy suites for the entire family and features close, front entrance parking and extra-wide hallways for mobility equipment, biking, bowling and other fun therapy games at the one-level, 8,400 sq. ft. building. Several nearby hotels offer discounted rates for Euro-Pēds families who need lodging during their treatment program.

“This new Center gives Euro-Pēds a solid presence in Southeast Michigan and beyond to help us effectively reach and teach children functional skills that lead to greater independence and health. The Euro-Pēds’ licensed staff and Foundation look forward to welcoming new patients and working with current families from all over the U.S. We also look forward to supporting other area healthcare providers with our treatment programs that are complementary to other treatment models at outpatient clinics and hospital-based programs,” commented Michelle Haney, PT, MSPT, Director of Euro-Peds National Center for Intensive Pediatric PT and Euro-Peds Foundation Founder and President.
For more information, please contact:
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Take a virtual tour of the Center:
http://www.europeds.org/About/Tour.aspx